



File Photo | 8th Theater Sustainment Command

Army Gold player Mark Becker (front) attempts to advance the ball ahead of Army Black player Chris Dawson during last year's Army polo exhibition at Palm Circle, Fort Shafter.

# Pacific Army Week begins June 11

U.S. ARMY-PACIFIC PUBLIC AFFAIRS  
News Release

FORT SHAFTER — You're invited to help celebrate the Army's 237th birthday and rich heritage of defending our nation during Pacific Army Week, or PAW, June 11-16.

The week's activities follow:

- The Warrior Challenge 2012 starts Monday with Soldiers from U.S. Army Pacific competing for best Soldier and Noncommissioned Officer. Each day, images of the competitors will be posted to [www.usarpac.army.mil/wc12/](http://www.usarpac.army.mil/wc12/).

Later in the week, the Soldier and Noncommissioned Officer of the Year will be announced during the Army Birthday Commemoration.

- Pacific Army Week Golf Tournament and Grand Opening will be held Tuesday at Leilehua Golf Course in Wahiawa. The four-person scramble golf tournament is open to all USARPAC Mission Support Commands, Theater Enabling Commands and staff.

Teams outside of unit allocation will be placed on a standby list in order of receipt; visit [www.himwr.com/golf-news/954-pacific-](http://www.himwr.com/golf-news/954-pacific-)

See PACIFIC ARMY WEEK A-3

## USARPAC leaders give birthday wishes

This week marks the 237th birthday of America's Army. Born on Lexington Green, our Army's heritage is that of the nation. For more than 237 years our Soldiers, families, and Army civilians have defended America with courage and honor, and I am proud to say that this generation carries on that tradition in splendid fashion.

Pacific Army Week celebrates our profession's legacy of service to the nation. This year's theme, "Strength in the Pacific — Soldiers, Families and Civilians," reflects our core belief that people are our Army's most precious resource. Our Soldiers, family members and civilians are unequalled, and it is my privilege to serve with each of you.

I encourage everyone throughout the theater to take advantage of the many opportunities this week has to offer. From athletic competitions to the Army Birthday Celebration to polo on Palm Circle — get out, get involved, and create lasting memories with your families and friends. We look forward to the year ahead and the opportunities and experiences it will bring.

Jeannine and I, with Vera and Command Sgt. Maj. Frank Leota, would also like to convey our personal gratitude to our local communities in Hawaii as well as to our friends and partners for their impressive dedication and support. Thank you for being an integral part of the U.S. Army-Pacific team!

Happy 237th Birthday, U.S. Army!  
Army Strong! One Team!

*(Editor's Note: Lt. Gen. Francis Wiercinski, commander, U.S. Army-Pacific; and Command Sgt. Maj. Frank Leota, senior enlisted leader, USARPAC, extend their warmest wishes to the Army on its 237th birthday. See related letter A-3.)*



Wiercinski



Leota

# Posthumous Purple Heart awarded

RUSSELL SHIMOOKA  
U.S. Army-Pacific Public Affairs

FORT SHAFTER — A posthumous Purple Heart medal was presented, here, to a Korean War vet's family, June 1.

The posthumous medal was awarded to Sgt. 1st Class Alepio Solmirin for combat injuries sustained during the Korean War.

Lt. Gen. Francis J. Wiercinski, commander, U.S. Army-Pacific, presided over the ceremony, which included the reading of the official orders signed by John McHugh, secretary of the Army.

"Wounded severely in Korea, [Solmirin] had never been awarded the Purple Heart, and it was probably indicative of him that he never brought it up," Wiercinski said.

"He didn't need to be awarded or given awards. To him it was part of his duty. But to us [the U.S. Army] it's part of our duty to make sure our heroes are recognized," Wiercinski added, pinning the Purple Heart onto a picture of a young Solmirin.

In 1952, then-Pfc. Solmirin was a rifleman with the 7th Infantry Regiment, 3rd Infantry Division, fighting in the

Soman-Myon Valley of South Korea. On the night of July 11, 1952, Solmirin was wounded by enemy artillery fire during a ground attack and evacuated with severe burns to his body.

After his convalescence, Solmirin remained in the Army serving in the Vietnam War, where he was awarded his second Combat Infantryman's Badge, the Air Medal and Bronze Star for gallantry.

Solmirin retired from the Army after 25 years of service and has since passed away. Due to an oversight, however, Solmirin was never credited for his combat injuries until today.

"During my father's passing, I promised I would not stop trying," said Adam Solmirin, the second oldest of five children.

Adam Solmirin made numerous attempts to correct the oversight, but to no avail. Wiercinski intervened and with the help of his staff, tracked down the missing records.

"There are no words, no gifts that can express the appreciation for what you have done for my dad. It's absolutely priceless," said Solmirin who addressed a crowd of more than 100 family members, friends and Soldiers.



Russell Dodson | U.S. Army-Pacific Public Affairs

Lt. Gen. Francis J. Wiercinski (left), commander, USARPAC, places a Purple Heart medal on an image of Sgt. 1st Class Alepio Solmirin during a ceremony at Fort Shafter, June 1, when Solmirin was posthumously awarded for injuries sustained during the Korean War. Among those in attendance were Solmirin's wife and son Adam (right), who accepted the medal in his father's honor.

# Residents, USAG-HI leaders connect via social network

LACEY JUSTINGER

U.S. Army Garrison-Hawaii Public Affairs

WHEELER ARMY AIRFIELD — U.S. Army Garrison-Hawaii hosted its fourth quarterly Facebook town hall, here, May 29, to address issues and concerns from Soldiers, families and civilians.

Subject matter experts gathered together from all corners of USAG-HI, including the commander, deputy commander and command sergeant major; the Directorate of Emergency Services; the Directorate of Family and Morale, Welfare and Recreation; the Directorate of Public Works; and Island Palm Communities.

Representatives from Tripler Army Medical Center, the Exchange, the Directorate of Human Resources, and the Directorate of Plans, Training, Mobilization and Security responded to submitted questions electronically.

"This is a great venue to keep track of the communities' pulse points, or the issues they are concerned about and areas we need to address," said Col. Douglas Mulbury, commander, USAG-HI.

More than 65 initial questions were posted, and more than 1,035 follow-ups were posted, including additional comments, questions and "likes."

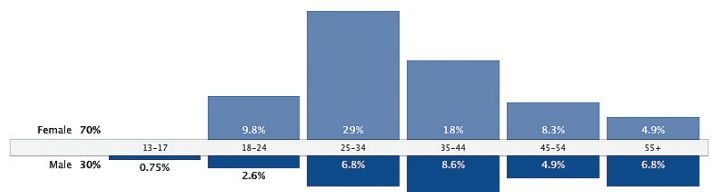
Participants can continue to use the archived event as a forum to discuss these topics amongst themselves, but the page is not being monitored for new posts.

"Anyone with a Facebook account can participate in this forum no matter where they are, at home or on-the-go," said Dennis Drake, director, USAG-HI Public Affairs. "They have the opportunity to raise topics directly to the people who help make decisions about on-post programs and services."

The evening's top issue was the electric billing process in on-post housing. Although IPC and USAG-HI hosted several in-person town halls before this program was implemented, residents still had many questions. IPC and USAG-HI are coordinating to host a future in-person town hall to address these specific concerns.

Another repeating theme was speeding on post. All personnel operating a vehicle on post are required to abide by posted speed limits.

IPC, in partnership with DES, is also launching a Speed Deterrent Campaign during June and July to address concerns within the neighborhoods. If you would like to be part of this Community Safety Outreach Program, email



The above TR shows the gender and age demographics of people who interacted on the USAG-HI Facebook page ([www.facebook.com/usaghawaii](http://www.facebook.com/usaghawaii)) during the week of the USAG-HI Facebook Town Hall. Participation includes posting questions, responding to posts, sharing information and "likes."

See FACEBOOK A-5

## Farewell | A-3

Maj. Gen. Michael J. Terry reflects on his service with USARPAC.

## Sappers | A-4

Combat engineers of the 95th Eng. Co. (Clearance) locate IEDs in Afghanistan.

## Surfs up | B-1

8th TSC NCO makes waves in bodysurfing competition.



## Torch Run | B-4

Soldiers participate in annual run for Special Olympics.



We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3156, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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154 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 06/07/12.

BACK TO BASICS

‘Leader’s toolbox’ contains necessary skills

SGT. MAJ. EDWARD BAPTISTE

94th Army Air and Missile Defense Command

Army regulations define the role of the noncommissioned officer; the NCO guide lists the skills, knowledge and attitudes of each grade; and the NCO Creed is the guiding document on how we must perform our duties. These are “tools” we add to our own “leader’s toolbox.”

If you put together all the different tools available, you will find certain recurring themes, and I have found six tenants (i.e. tools) that we as NCOs need to use, remember and strive to master:

- Communication — Keeping your subordinates informed is a sergeant’s responsibility. We as leaders must strive to keep open lines of communication both up and down the chain. We need to talk with, counsel and mentor our Soldiers. Without effective communication, we can’t get our message across. We must be able to not only talk to our Soldiers, but to talk with them as well.
- Fair Treatment — Consideration of others is nothing new to the NCO Corps. Leadership typically relies



Baptiste

on Soldiers known to perform well, but we must balance how we treat those who do not meet the grade. Our subordinates deserve to be led by caring leaders who know how to balance the mission with the needs of the Soldier.

- Taking Care of Soldiers — Sergeants take care of Soldiers. We do this in many ways — by providing purpose, motivation and direction — but we don’t do it by coddling. Being a Soldier is serious business. A hundred different leaders would probably come up with 100 different definitions on what exactly it means to take care of Soldiers, but the bottom line is know your Soldiers, and understand “what a Soldier needs is not always what they want.”
- Support the Chain of Command — There’s a major difference between providing input on or clarifying orders versus questioning orders. If you have concerns, address it through your chain of command; never complain in front of your subordinates. But after you have discussed your issues, execute the mission to the best of your ability. Sergeants have a responsibility to follow orders and give orders to their squad or team. That is what leadership is all about.
- Technical and Tactical Proficiency — All Soldiers should be proficient in their Military Occupational Specialty at their current grade and skill level. Soldiers

who aren’t proficient in their jobs are a burden on the remainder of the unit, and beyond certain grade levels shouldn’t be allowed to stay in the military. Staying current in your job, learning new skills and developing good work habits are necessary to excel.

- Professional and Self-Development — Coming to work, putting in a full day and doing the jobs assigned to you won’t ensure success alone. Just as in any endeavor you desire to be good at, you must learn, study, train and continue to better yourself, both personally and professionally. Learning about the Army through classes and self-study are great ways to expand your skills. Don’t forget to read field manuals, periodicals and related military publications. Not only do you get promotion points for learning, you develop yourself and equip yourself with knowledge, a great asset in today’s society.

Today, as always, being a Soldier is a rewarding experience.

We have our own reasons for choosing this profession; however, as you progress through the career-enhancing steps, remember why we do this — to give Soldiers the skills and training to prepare them for the ultimate battles they may face.

Having the right tools in your leader’s toolbox can make all the difference.

Vietnam opens sites to POW/MIA investigators

JIM GARAMONE

American Forces Press Service

HANOI, Vietnam — The Vietnamese government will open three areas to help resolve the fate of Americans missing in action from the Vietnam War, DOD officials said here, Tuesday.

Following a meeting at the Defense Ministry, Phoung Quang Thanh, Vietnamese defense minister, announced his government would allow U.S. personnel to examine three areas once off limits.

Leon Panetta, defense secretary, thanked the Vietnamese leader for all the support Vietnam has provided over the years. The Joint POW/MIA Accounting Command’s Detachment 2, based in Hanoi, has conducted 107 field searches for Americans missing in Vietnam. The Vietnamese government has fully supported these efforts with personnel and information, said Ron Ward, a casualty resolution specialist with the detachment.

The three sites Vietnam opened to exploration are in the central part of the country. The first site is in Quang Binh province and involves the crash of an Air Force F-4C Phantom II jet in 1967 with two personnel aboard. Detachment specialists located the site in 2008, but now will be allowed to examine it, Ward said.

The second site is in Kontum province and involves the loss of an Army private first class in January 1968 during the Tet Offensive.

The third site is in Quang Tri province and involves the loss of a Marine F-4J



Erin A. Kirk-Cuomo | Office of Secretary of Defense Public Affairs

Secretary of Defense Leon Panetta (right) accepts letters from Vietnamese Minister of Defense, Phung Quang Thanh, in Hanoi, Vietnam, June 4. The letters were written by American service members during the Vietnam War.

Wild Weasel aircraft. One of the crew of two punched out of the aircraft and was rescued.

Panetta said these efforts are important to troops serving today because they

know the military means that it will leave no man behind.

To date, the command has repatriated and identified 687 remains in Vietnam. A total of 1,284 Americans remain

missing. Of these, 586 cases are in the category of “no further pursuit,” meaning there is conclusive evidence the individual perished but it is not possible to recover remains.

FOOTSTEPS in FAITH

Healthy relationships resolve anger before bedtime

CHAPLAIN (MAJ.) STEVE HOMMEL

500th Military Intelligence Brigade

One of the best pieces of marital advice is, do not go to bed angry. It is also very good advice for single people and one of the best things you could do for your health and happiness.

Before I married my wife, Naomi, I really couldn’t understand how couples could get into huge knock-down-drag-outs over insignificant, thoughtless things like leaving clothes on the floor, hair in the sink, the toilet seat up, or squeezing the toothpaste tube in the middle. But after more than 25 years of marriage (a few of them spent going to bed angry) I understand now why this advice is so important to keep in mind.

Ephesians 4:26-27 states, “Be angry, and yet do not

sin; do not let the sun go down on your anger, and do not give the devil an opportunity.”

Note the passage does not say, “Do not ever get angry.” Anger in itself is not sinful. Expressing anger appropriately and talking about the issue without attacking the other person’s character or motives, especially in marriage, is very healthy.

There are some things the Bible actually commands good people to be angry about, like injustice, cruelty, evil, etc. — in fact, even Jesus became angry several times in Scripture, yet He had never sinned — but even anger for all the right reasons becomes destructive and wrong if it is expressed inappropriately, held on to, nursed, buried and allowed to fester into bitterness.

When couples develop a pattern of going to bed angry, it gives the devil an opportunity in the form of unresolved anger. The next morning, the exact reason for the fight will most likely fade. There are other things to think about at work or school, and you tend to forget the reason for the fight. But you will not for-

get your anger.

When couples get into big fights over little things, the argument is really about unresolved anger, and when anger becomes habitual, it will resonate just under the surface, waiting for an excuse, almost any excuse, to go off and explode like an IED in downtown Baghdad!

In his book “Making Love Last Forever,” Dr. Gary Smalley wrote: “The average person has little or no idea how damaging forgotten or ignored anger can be — alienating loved ones, sabotaging relationships. Worse yet, most people don’t even know how much destructive anger they’re carrying around — and from past experiences, everyone has some degree of buried anger ... This (unresolved) anger causes more pain, drowns more marriages, sinks more children than any other power I know.”

Having a practice of not going to bed angry is one best things you can do for your relationships, your health and overall happiness and satisfaction with life.



Hommel

Voices of Ohana

The U.S. Army celebrates its 237th birthday, June 14

What flavor cake would you bake for the Army’s birthday?

Photos by U.S. Army Garrison-Hawaii Public Affairs



“An ice cream cake, because it’s cool and delicious, especially in Hawaii.”

**1st Lt. Molly Hope**  
19th MP Bn. (CID)



“Chocolate, because everyone loves chocolate cake.”

**Sfc. Kerry Jackson**  
19th MP Bn. (CID)



“Red velvet with cream cheese frosting and blue candles. It’d be patriotic — red, white and blue.”

**Sgt. Goldie Johnson**  
19th MP Bn. (CID)



“Red velvet, because that’s a favorite flavor with a lot of the Soldiers.”

**Sfc. Darin Melton**  
19th MP Bn. (CID)



“Pound cake; it’s a Southern thing.”

**Spc. Jahtaria Winston**  
19th MP Bn. (CID)



# Terry bids ‘mahalo’ to Army Hawaii community

**MAJ. GEN. MICHAEL J. TERRY**  
Commander, 8th Theater Sustainment Command

During the past three years as commander of the 8th Theater Sustainment Command, my family and I have been blessed to be a part of a great organization made that much greater through the support of dedicated family and friends who make up our communities.

As Cathy and I prepare to depart for a new assignment on the mainland, commanding the Army Tank-Automotive and Armaments Command, Life Cycle Management Command in Warren, Mich., I would like to express our heartfelt gratitude to the officers, warrant officers, noncommissioned officers, Soldiers, Department of the Army civilians, families and everyone here who is a friend of the U.S. Army-Pacific, and particularly the 8th TSC. You have made our tour in paradise just that.

We set our goals high at 8th TSC when we began this journey together three years ago, and I can proudly say that we have hit the mark thanks to your hard work and dedication. Together, we have expanded 8th TSC’s capabilities throughout USARPAC’s area of responsibility, synchronizing efforts among a host of partners — U.S. Pacific Command, USARPAC, U.S. Army Japan, U.S. Army Alaska, 25th Infantry Division, 8th Army and our fellow theater enabling commands.

Along the way, you have shouldered your share of the load in support of day-to-day and contingency operations, exercises and other important missions worldwide. In all, 31 8th TSC

units have deployed during this time, and 1,065 individuals are currently deployed. We, as a unit, a community and a nation, are forever grateful for your commitment and sacrifices.

Our successes abroad are due in large part to the quality of life we continue to enjoy at home. Thanks to the tremendous leadership and professionalism of Soldiers and civilians from U.S. Army Garrison-Hawaii for your exceptional support to our Soldiers and their families. From the full spectrum of Army Force Generation deployment and redeployment operations; to the full gamut of family support programs such as Army Community Service, Child Development Centers and all Family and Morale, Welfare and Recreation activities; to the maintenance and upkeep of all installation facilities, roads, infrastructure and training ranges; to Soldier and family housing; to personnel and logistics support services — you are the very best!

Speaking of the best, I’d also like to thank the team at Tripler Army Medical Center, to include



Terry

the great Soldiers and civilians at the Schofield Barracks Clinic for what you do, everyday.

I’d be remiss if I didn’t thank the greater Oahu community for the true aloha spirit you continuously show to our Soldiers and their families. Mahalo!

And finally, to our Soldiers, one last thank you. The great troops who make up the 8th TSC — our Special Troops Battalion, the 130th Engineer Brigade, the 8th Military Police Brigade, the 45th Sustainment Brigade and our teammates from the 10th Regional Support Group in Okinawa — I could never accurately show my appreciation with mere words. You are the best group of Soldiers with whom I have ever served, and you will always have a special place in my heart.

Next week as I stand before the men and women of the mighty 8th TSC one final time, I will be reminded of the great honor it has been to say I am a part of you. Mahalo and aloha, “a hui hou” ... until we meet again.

Sustain the force!

## 8th TSC Change of Command

**SCHOFIELD BARRACKS** — Maj. Gen. Michael J. Terry will relinquish command of 8th Theater Sustainment Command to Maj. Gen. Stephen R. Lyons, 10 a.m., June 13, at Hamilton Field, Schofield Barracks.

Lyons most recently served as the Director for Logistics Operations, Readiness, Force Integration and Strategy, Office of the Deputy Chief of Staff, U.S. Army G4, Washington, D.C. Terry is departing to take command of TACOM in Warren, Mich.

The ceremony is open to the public. Visitors should enter Schofield via Lyman Gate. Call 438-0944.

The following locations at Schofield Barracks will be closed 5 a.m.-noon, June 13, due to the ceremony:

Parking lot on the south side of 130th Engineer Brigade, 8th TSC, closed June 8, 12 and 13; Ayres Avenue from Abbott to Duncan streets; Grimes Street from Ayers to Williston avenues; Williston Avenue from Cadet Sheridan Road to Duncan Street; Reilly Avenue from Williston Avenue to Mencher Road intersection; parking lot on the south side of 8th MP Bde. and south side of the trailers; and Martinez Gym parking lot. Call 438-0816/0811.

# Army’s history rich in service, dedication to country



Bill Rosenberg

Gen. George Washington, first commander of the Continental Army, often stopped and talked with citizens to personally explain his vision for American freedom during the American Revolution. Before the American colonies even made their declaration of independence, the Second Continental Congress gathered together in Philadelphia, 237 years ago, to formally create a standing Army. The next day, June 15, 1775, Congress chose George Washington, a Virginian, to be commander in chief. Washington’s military experience was perhaps greater than that of any other American, and he came from the largest and arguably the most important of the southern colonies. His impressive appearance, quiet and confident manner, and good work in the military committees of Congress had impressed his compatriots.

“Blessed to live in the land of the free, you could have opted for an easier path. But you know that freedom is not free. And so you volunteered and you stepped forward, and you raised your hand and you took an oath — to protect and defend; to serve a cause greater than yourself, knowing, in a time of war, you could be sent into harm’s way.”

— President Obama, Washington, February 29, 2012

On June 14, 1775, 237 years ago, our nation’s leaders established the Continental Army to protect oppressed colonists yearning for freedom, beginning our Army’s rich heritage of defending our country and her citizens.

Today, we celebrate the generations of Soldiers who embraced this calling and have served this great nation with honor, loyalty and bravery in peace and war for more than two centuries.

Change has always been an enduring theme of our Army’s experience. After our long war for independence, we adapted to meet the needs of an expanding nation — securing frontiers, building roads and canals, and mapping new territories.

In the 20th century, we fought two world wars to defeat tyranny and spread the cause of freedom and emerged as the stabilizing global force. From Korea to Vietnam to the Persian Gulf, we answered our nation’s every call to preserve peace and stability.

And, following the attacks of Sept.11, 2001, our Army made the decisive contribution to the global struggle against violent extremism.

Today, more than a decade later, as we reflect



on our accomplishments in Iraq, continue to serve our nation’s interests in Afghanistan and elsewhere, and protect the American people at home, we remain vigilant as we prepare for the challenges of an uncertain future.

Despite all this, some things have never changed. Our Army has always remained true to its enduring professional values: it values the dignity and respect of all its Soldiers, families and civilians; it honors the sacred trust our nation places with it; and it remains our nation’s loyal servant, defending the principles upon which our Declaration of Independence and Constitution were established. For 237 years, America’s Army has always answered the nation’s call, and we always will.

On the Army’s birthday, we thank every Soldier, civilian and family member who has ever served in our ranks, for your dedication to duty and the selfless service have made us all Army Strong. Happy Birthday!

*(Editor’s Note: John McHugh, secretary of the Army; Gen. Raymond Odierno, chief of staff; and Sgt. Maj. of the Army Raymond Chandler III, wish the U.S. Army many happy returns on its 237th birthday.)*

# Pacific Army Week: Slate of activities commemorate Army’s birthday

CONTINUED FROM A-1

army-week-golf-tournament-and-leilehua-golf-course-grand-opening-golf-tournament or call 656-0114.

- Eagles versus the Sergeants Major softball game, 3 p.m., Wednesday, at Takata Field, Fort Shafter. Come out and see if the Eagles soar or if they are grounded by the Sergeants Major. Visit [www.usarpac.army.mil/paw/softball.asp](http://www.usarpac.army.mil/paw/softball.asp) or call 438-5730.
- 237th Army Birthday Commemoration, June 15, at the Hilton

Hawaiian Village. The commemoration is open to all active duty, National Guard, Reserve, ROTC cadets, Army civilians, government contractors, family members, retirees, veterans and invited guests.

Check-in and cocktail hour start at 5 p.m., with the doors to the ballroom opening promptly at 6 p.m. June 8 is the last day for ticket sales.

Visit [www.usarpac.army.mil/237Birthday](http://www.usarpac.army.mil/237Birthday) to find your unit representative or contact the event coordinator at 366-3557 for

ticket information and other details.

- Pacific Army Week ends with an Army Birthday Celebration, 2 p.m., June 16, at historic Palm Circle on Fort Shafter. Activities are open to the public and include military historic vehicle static displays, children’s activities, K9 demonstration, unit competition and the Gold versus Black Polo Paina. Guests are encouraged to bring chairs, umbrellas and canopy pop-ups.

All PAW activities are scheduled in conjunction with the Army’s birthday, Thursday.





Staff Sgt. Brady Mealear uses a minehound metal detector while conducting a dismounted movement in Northern Helmand Province. Although it is slow and tedious work, Sappers of the 95th Eng. Co., 65th Eng. Bn., 130th Eng. Bde., 8th TSC, use extreme caution when removing IEDs from the battlefield.



Spc. Bryson Lalonde and Marine Cpl. Casey Chang, 4th Platoon, 95th Eng. Co., 65th Eng. Bn., 130th Eng. Bde., 8th TSC, provide overwatch during an IED cache exploitation mission in Helmand Province, Afghanistan.

# 95th Eng. Co. Sappers clear Afghan roads of IEDs

Story and Photos by  
**1ST LT. KYLE SUCHOMSKI**

95th Engineer Company (Clearance), 65th Eng. Battalion,  
130th Eng. Brigade, 8th Theater Sustainment Command

HELMAND PROVINCE, Afghanistan — Buried somewhere along a dusty route, a serious threat lies in wait. Improvised explosive devices, or IEDs, have become ingrained in the American Soldier’s consciousness. But, after more than a decade of conflict, coalition and Afghan forces have grown increasingly adept at defeating these devices.

Combat engineers of the 95th Engineer Company (Clearance), 65th Eng. Battalion, 130th Eng. Brigade, 8th Theater Sustainment Command, have become really good at identifying IEDs, and have been working since August to keep northern Helmand roads clear of them.

The 95th Eng. Co. — collectively nicknamed the “Wolfpack” — deployed from Schofield Barracks in August and has been working with several Marine units from across Helmand Province. To date, the company has conducted deliberate route clearance through more than 9,000 kilometers of enemy-held territory. Many of these perilous missions were aimed at re-supplying remote patrol bases and combat outposts across southwestern

Afghanistan. Although route clearance is a slow and deliberate process, it is inherently dangerous work. Route clearance patrols take the lead, sweeping well ahead of a larger logistical or maneuver elements. “Route clearance is really difficult, especially because we know that there are IEDs out there, just waiting to strike one of our vehicles,” said Staff Sgt. Andre Hankinson, a squad leader in 4th Platoon, 95th Eng. Co. “But it’s good to know that we are actually helping out other Soldiers and Marines in the area by making the roads safe to travel.” The combat engineers use specially designed equipment to search for buried wires and explosive charges. While the seasoned Soldiers find the vast majority of IEDs, they have also been struck by a number of devices while on patrol across Helmand Province — an area that is still categorized by rampant Taliban attacks. “Northern Helmand Province has the highest density of IED attacks in all of Afghanistan; conducting route clearance in this region is not for the faint-hearted,” said Capt. Matt Miller, company commander, 95th Eng. Co. “The Wolfpack Sappers are up to the task, constantly working

to sharpen their skills and remain on the winning end of this chess match between insurgents and coalition forces,” Miller added. “The vigilance of these Sappers ensures the safety of those who travel behind them.” After more than eight months on ground, the Soldiers have been awarded 20 Purple Hearts and almost 80 Combat Action Badges. Despite a grueling workload and an ever-present enemy threat, Wolfpack Soldiers remain optimistic about the mission and are unwaveringly certain about the competence of the Sappers around them. “My Sappers are some of the best trained in the Afghan Theater,” said 1st Lt. Kyle Chamberlin, platoon leader, 1st Platoon, 95th Eng. Co. “Their skills and knowledge are a direct reflection of the noncommissioned officers in the chain of command. I anticipate that as operations continue, their competence will only keep to improving.” 1st Sgt. Vincent Silva, 95th Eng. Co., echoed Chamberlin’s sentiment, stating that “the NCOs in this company are without a doubt the most professional Soldiers I have ever had the privilege of working with. Their technical and tactical proficiency, from the youngest sergeant to the most-senior platoon sergeant, is far above any that I’ve seen in 20 years.”





Sgt. Patrick Naugle (second from left), operations intel analyst, 5th BCD, 94th AAMDC, and his spouse celebrate with Brig. Gen. James Dickinson (left), commander, 94th AAMDC, and Sgt. Maj. Tedd Pritchard, senior enlisted leader, 94th AAMDC, after winning the NCO Challenge at Aliamanu Military Reservation, recently.



**Sgt. Louis Lamar** | 94th Army Air and Missile Defense Command Public Affairs  
Spc. Joshua Efthimiades (center), a G3 assistant operations specialist, 94th AAMDC, stands with Dickinson (left) and Pritchard after winning the Soldier Challenge.

# 94th AAMDC names winners of Warrior Challenge

**SGT. 1ST CLASS ADAM PHELPS**  
94th Army Air and Missile Defense Command  
Public Affairs

FORT SHAFTER — Warriors from the 94th Army Air and Missile Defense Command announced the winners of its Warrior Challenge competition, here, recently.

Sgt. Patrick Naugle has been name Non-commissioned Officer of the Year; Spc. Joshua Efthimiades has been named the Soldier of the Year.

“I prepared by working with my other non-commissioned officers who have a large amount of experience, and they offered their

help to me,” Naugle said. “Everyone worked as a group and offered advice and what to focus on.”

“The most challenging event for me would have to be the day-time land navigation, because you obviously have to know how to do your land navigation,” Efthimiades said. “You never know how the area is going to look or be like and you have to lug all of your equipment around with you.”

Through the challenge, all warriors had one thing they could always count on to push them to win warrior of the year: “I overcame the challenges by my will to win and my sponsor

behind me. He was cheering me and pushing me on,” Efthimiadis said. “It was important for me to win this to see how efficient I was at this point in my career and to show my leadership and my peers that I am ready to the next level. I am ready to lead and train Soldiers.”

Echoed Naugle: “My sponsor was there to back me up and give me support whenever I needed it. He was my fall guy; he helped me out when I needed anything. That was the most motivational thing.

”My next goal is already in sight,” Naugle said. “I am going to hit the books again, do a little bit more rucking — use the resources

that I have inside my unit like my NCOs to prepare for the U.S. Army-Pacific Warrior Challenge.”

“They will go on to compete in the US-ARPAC Warrior Challenge, which will commence on June 11,” said Master Sgt. Jay Hart, noncommissioned officer for the 94th AAMDC Warrior Challenge. USARPAC winners then compete at the Army-level Warrior Challenge.

“It is important to have these types of events not only for the competitive side or bragging rights, but the right to continue to hone your skills and bring out the very best in our Soldiers and NCOs,” Hart said.

## Facebook: Town hall draws interest

CONTINUED FROM A-1

rsvp@IPChawaii.com with the subject line “Slow Down Now.”

Several residents also stated they have never heard of the Army Family Action Plan as a way to present and solve garrison-wide, region-wide or Army-wide quality of life concerns for Soldiers, families, retirees and civilians. AFAP gathers vol-

unteer delegates and prioritizes issues and implements changes in policies, procedures, services and programs. Issue forms may be found at [www.garrison.hawaii.army.mil/crmt/default.htm](http://www.garrison.hawaii.army.mil/crmt/default.htm) under the “Other Ways To Be Heard” tab.

This online Facebook town hall replaced both in-person and televised town halls due to lack of participation in both venues. The Facebook town hall will continue to be a quarterly event.

### Stay Connected

Service and family members can connect to USAG-HI social media pages to stay informed about events and changes on post, visit:

- [www.facebook.com/usaghawaii](http://www.facebook.com/usaghawaii)
- [www.twitter.com/usaghawaii](http://www.twitter.com/usaghawaii)

To address a private concern visit or email:

- <http://ice.disa.mil/>
- [askthecommander.usaghi@us.army.mil](mailto:askthecommander.usaghi@us.army.mil)

Residents are also encouraged to participate in DES’s Neighborhood Watch Program and IPC’s Resident Advisory Panels at:

- [www.garrison.hawaii.army.mil/des/default.h](http://www.garrison.hawaii.army.mil/des/default.htm)tm
- [http://www.islandpalmcommunities.com/C](http://www.islandpalmcommunities.com/Current-Residents/Resident-Programs/Resident-Advisory-Board/default.aspx)urrent-Residents/Resident-Programs/Resident-Advisory-Board/default.aspx



# Political do’s, don’ts for civilian employees outlined

**DONNA WRIGHT**  
Mission Support Element-Hawaii and U.S. Army-Garrison Hawaii

**SCHOFIELD BARRACKS** — Many of us have seen media coverage of a corporal appearing onstage in military uniform at a political rally for former Republican presidential hopeful Ron Paul.

Some may have read follow-up reports that the corporal was disciplined for violating the rules against political activity by Soldiers.

Those rules are contained within “Army Command Policy,” Army Regulation 600-20, paragraph 5-3, appendix B.

But what about civilians who work for the Army? Do they have the same limitations?

The answer is no.

The rules regarding political activities by civilian government employees are contained within the Hatch Act. The law is named after Sen. Carl Hatch of New Mexico and was first passed in 1939. The law has been amended over the years but remains the source for any discussion of permissible and prohibited political activities by civilian employees.

As long as the activity is not during duty hours, in a federal building, while wearing an official uniform or while using a federally-owned vehicle, civilian employees can:

- Vote; assist in voter registration drives; contribute to political campaigns, political parties or partisan political groups; attend political fundraising functions; distribute campaign literature; attend and be active at political rallies and meetings, including speech-making, but not solicit contributions; join political parties and campaigns; hold office in political clubs or parties; circulate nomination petitions; campaign for or against referendum questions or constitutional amendment; have a bumper sticker on a privately owned vehicle unless that POV is used to conduct official business on a recurring basis, in which case the sticker must be covered; have a sign in their yard; wave a sign on the roadside; and be candidates for office in nonpartisan elections as long as those duties do not conflict with their official duties.

However, while on duty in a federal building, using a federally-

owned or leased vehicle, or wearing a federal uniform or official insignia, civilian employees can’t:

- Engage in any political activity; wear campaign buttons or a T-shirt in support of a political candidate; display political posters in the office; post comments to a political blog; contribute money through an online website; send emails dealing with political activity even if done on a personal smartphone.

On or off duty, civilian employees can’t do the following:

- Use official titles or positions while engaged in any political activity; host a political fundraiser in his or her own home; invite others to a political fundraiser or collect contributions for or sell tickets to a fundraiser; accept contributions for or solicit contributions to a political candidate or party; stuff envelopes requesting contributions; run for public office in a partisan election; invite subordinate employees to political events or in any way encourage subordinates to get involved in political activity; or encourage or discourage the political activities of a contractor or anyone working for a contractor.

What about photos? Must photos of President Barrack Obama be taken down because it is an election year?

The answer is no.

Although the general rule is that photos of partisan political candidates can’t be displayed in the federal workplace, there are exceptions to this rule. One exception allows for display of the traditional portrait photo of the president or photos of the president conducting official business. However, these photos must be displayed in a traditional size and manner and cannot be altered in any way. Also, photos distributed by a political party aren’t official and can’t be displayed.

A second exception applies to all candidate photographs. An employee can have a photo in his or her office if the photo was on display in advance of the election season; the employee is in the photo with the candidate; the photo is a personal one; the employee has a personal relationship with the candidate; and the photograph is taken at some kind of personal event or function, like a wedding, and not at a campaign event or some other type of partisan political event.



If you have questions about the rules’ applicability to your particular situation, contact your unit ethics counselor/legal advisor. The penalties for violation of these rules are severe and include termination from government employment.

*(Editor’s Note: Wright is the attorney-advisor and ethics counselor for MSE-HI and USAG-HI.)*

## News Briefs

Send announcements for Soldiers and civilian employees to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

**11 / Monday**  
**ISSA Closure** — The Installation Supply Support Activity, or ISSA, Schofield Barracks, will close June 11-15 for inventory. Only high-priority emergency requests will be processed during this time. Normal operations will resume June 18.For emergency requests, call 656-0744/2277.

**CIF Closure** — The Schofield Central Issue Facility will be closed from Monday, June 11, through Friday, June 22, for inventory. All emergencies and specials will be handled on a case-by-case basis. Contact 655-8120 for more information

**13 / Wednesday**  
**Army Small Business Industry Day** — Representatives from the Schofield Barracks and Fort Shafter Army Regional Contracting offices are hosting this outreach event, 8:30 a.m. -2:30 p.m. June 13, at the Nehelani Conference Center, Schofield Barracks. Small businesses can engage with local government

agencies can discuss contracting opportunities. A vast array of exhibition tables will showcase industry capability. Call 655-3049 or 438-6535, ext. 250.

**15 / Friday**  
**Army Commemoration** — Ticket sales end June 8 for this annual U.S. Army-Pacific Army event, 6 p.m., June 15, at the Hilton Hawaiian Village Hotel’s Coral Ballroom, Honolulu. Commemorating the 237th birthday of the Army, the evening includes dining, dancing and entertainment. Visit [www.usarpac.army.mil/237Birthday](http://www.usarpac.army.mil/237Birthday) for details.

**July 10 / Tuesday**  
**PTA Change of Command** — Lt. Col. Rolland Niles, commander, U.S. Army Garrison-Pohakuloa Training Area, will relinquish command to Eric Shwedo at PTA, 10 a.m., July 10. RSVP by June 24 to [shiela.y.yangilmau.civ@mail.mil](mailto:shiela.y.yangilmau.civ@mail.mil) or call 969-2423/2426/2428. Attire is duty uniform for military and aloha attire for civilians.

**Ongoing**  
**Kunia Road Lane Closure** — Temporary evening lane clo-

sures on Kunia Road, just south of Schofield Barracks’ Lyman Gate, are scheduled now through June 21. The lane closures will take place between 7 p.m-5 a.m., Monday-Saturday, during this construction effort to upgrade Army sewer lines. Motorists are advised to expect delays and use caution while driving through these affected work areas. **Road Closures** — Now through May 2013, work will be underway on sections of Macomb/Austin Road and 7th Street, Schofield Barracks. The south section of Macomb Road, as well as Chamberlain Road will be closed; 7th Street will be

one-way down to Wisser. Two-way traffic will commence over Artillery Hill onto Parks and Macomb roads. Motorists are advised to expect delays and use caution while driving through these affected work areas. Call 438-1238. **Personal Relationship Worries** — Tripler’s marriage and family therapists, as well as licensed clinical social workers, provide individual, couples and family counseling to help military personnel and family members. No referrals are required. For more details, call the Social Work Outpatient Services Clinic at 433-6606.



# NO ...shirt ...board ...problem!

## SGT. GAELN LOWERS

8th Theater Sustainment Command Public Affairs

HONOLULU — It's been almost 20 years since Sgt. 1st Class Patrick Farrelly has seen something this beautiful. He looked out at the swells as they rose and broke against the shores of Sandy Beach Park, the waves reaching more than 10 feet in height. The crashing sound of the surf echoed across the beach and drowned out the sound of the spectators who had gathered to watch. He smiled and said aloud, "Today is a good day to surf."

The surfing that Farrelly, noncommissioned-officer-in-charge of plans, 8th Special Troops Battalion, 8th Theater Sustainment Command, was talking about is not what comes to mind when someone mentions surfing and Hawaii in the same sentence. Because, when Farrelly goes surfing, he doesn't need a board.

Farrelly is a body surfer, or a kaha nalu, as they say in the Hawaiian language, and was competing in the 2012 Sandy Beach Kaha Nalu Championships, a competition that has existed for more than 35 years.

During body surfing, the swimmer goes out for position and, watching for his opportunity, strikes out with his hands and feet to obtain headway as the approaching comber with its breaking crest catches him.

Then, with rapid swimming, he pushes himself onward with swift momentum with his body submerged in the foam and only the head and shoulders only being seen. Experts could ride on the top of the surf, as if riding with a board.

This day, Farrelly is tackling the surf at Sandy Beach Park, one of Hawaii's premier beaches for bodysurfing with a consistent and tantalizing beach break. Experienced body surfers who surf these waves make it look so easy and harmless that many tourists feel compelled to try as well, but this location is for experienced surfers only. The announcers for the competition said it best: "It's neck-breaking and life-taking. When in doubt, don't go out. Stay high and stay dry."

More than 120 male and female competitors were divided into age categories and then 6-person heats. The top two from each heat moved onto the next round.

"We do this because we love to body surf," said Steve Kapela, one of the founding members of Hawaii State Body Surfing Association, the event's sponsor. "Many people don't realize how in tune with the water you get. It's just you and the water out there, no boards or equipment. Anyone can do it. You just need a pair of fins and shorts, and shorts are optional!"

And, no one seems to love the sport more than Farrelly, who has been practicing since before he could remember and competing since he was 7.

"I grew up on the west side of the island and my dad used to take us to the beach a lot," he remembered. "I just kind of just grew into the sport of body surfing."

Farrelly hasn't always had the ocean out his back door. During his time with the Army, he has spent time in Kansas, Missouri, Germany and other landlocked bases, none of which are particularly known for their surfing.

"The only time I would get near the ocean is when I would visit home," he said. "So when I came home I would spend most of my time at the beach, because I knew I would have to leave for the mainland. All they had there were rivers."

But now, after 20 years of being away, he is back and hoping to get his name back into the body surfing scene.

"The award is good, but that's not why I'm competing," he said. "I've been gone for so long that no one knows who I am anymore."

By the end of the two-day competition, he turned a few heads with his fifth place finish. But getting his name back to where he left it will take longer than just a competition, he said. He plans on entering more contests and continuing to practice, but living in Hawaii makes it easy to do so because there's rarely a bad day.

"The sun is always shining here," he said, with smile. "The beach is always there and it's always free."

Photos by Spc. Tiffany Dusterhoft and Sgt Gaeln Lowers | 8th Theater Sustainment Command Public Affairs

Sgt. 1st Class Patrick Farrelly, noncommissioned officer-in-charge-of plans, 8th STB, 8th TSC, employs a lifetime of waveriding experience as he maneuvers the famous close shortline breaks at the 2012 Sandy Beach Kaha Nalu Championships, June 2-3. Farrelly rode these waves to a fifth place finish in the male 35-44 year old division.

## FMWR offers outdoor 'ADventures' for Soldiers, families

### JACK WIERS

Pau Hana Editor

SCHOFIELD BARRACKS — Being stationed in Hawaii gives you and family members a chance to experience outdoor recreation activities, such as hiking, snorkeling and surfing.

U.S. Army Garrison-Hawaii's Directorate of Family and Morale, Welfare and Recreation offers a variety of activities to get you out of the barracks or living quarters to experience Hawaii.

The best place to start is at DFMWR's Outdoor Recreation Center, Building 556, Schofield Barracks, to get details on upcoming Hawaiian ADventure (AD stands for active duty) activities. This program features outdoor activities that highlight Hawaii's sports and natural features. All activities depart from/return to the ODR Center, unless otherwise noted.

Call Outdoor Rec. at 655-0143 or visit [www.himwr.com](http://www.himwr.com) for a complete listing of activities.



Members of an ADventure surf instruction class receive instruction at White Plains Beach, recently. Monthly surfing and paddleboard classes begin and end at the Schofield Barracks Outdoor Recreation Center. Class size is limited to 12 participants. Instruction locations vary due to conditions and time of year.

Upcoming June activities include:

9 / Saturday

ADventure Hiking I — Hike 6 a.m.-noon, June 9, at

various locations around the island. Cost: \$20.

10 / Sunday

ADventure Snorkeling I — For pleasure and physical fitness, 7:30 a.m.-noon, June 10.

Snorkel gear provided; location is weather dependent. Cost: \$30

12 / Tuesday

Open Water Diver Certification — A one-week course for a lifetime certification as a Professional Association of Diving Instructors, or PADI, open water scuba diver. Courses run Tuesday-Sunday; upcoming session start June 12 and 26. Advance reservations required. Cost: \$229.99.

23 / Saturday

ADventure Surfing Lessons — Boards and rash guards provided. 7:30 a.m.-12:30 p.m., June 23. Cost: \$54.

24 / Sunday

Stand Up Paddleboard Lessons — This latest craze provides a taste of surf culture without the surf. 7:30 a.m.-12:30 p.m., June 24. Cost: \$59.



PADDLING PROWESS



Sgt. Gaelen Lowers | 8th Theater Sustainment Command Public Affairs

JOINT BASE PEARL HARBOR-HICKAM — Officers with the 8th Theater Sustainment Command practice their rowing technique during the 8th TSC Chief of Staff’s Officer Physical Training, here, May 31.



Briefs

Today

**Summer Reading Program** — Register now for this free Army Library program. Open to all ages: keiki ages 3-5, 6-11, 12-18 and adults. Contact Fort Shafter Library at 438-9521 or or Sgt. Yano Library, Schofield Barracks, at 655-8002. Each week features a special entertainer:

- June 12-14, Bubble Show
- June 19-20, Sing Along with Uncle Wayne
- June 26-27, Balloon Monsoon, a magic show

**Friday Night Entertainment Series** — See new acts at 8 p.m., Fridays, at Kolekole Bar and Grill, Schofield Barracks. Call 655-4466.

- First Friday is Comedy Night (for mature audiences only)
- Second Friday is live bands
- Third Friday is the Colby Benson Band
- Fourth Friday is the Taking Care of Business Band

**Friday with Friends** — This scrapbooking and crafting memories meeting is from 9 a.m.-noon, June 8, for survivors and family members of fallen Soldiers at Room 111, Building 330, Survivors Outreach Services Center, Aloha Center, Fort Shafter. Call 438-9285.

9 / Saturday

**Saturday Night Spotlight** — The Saturday Night Spotlight’s at Kolekole Bar and Grill, Schofield Barracks, schedule includes:

- First Saturday, Old School Soul Night with DJ Bennie James
- Second Saturday, Country Night (guest starring Nashville Waikiki’s DJ)
- Third Saturday, Hip-Hop/R and B Night
- Fourth Saturday, Karaoke Night

11 / Monday

**Free Hula Classes** — The Native Hawaiian Liaison Office, USAG-HI, conducts free hula classes for Soldiers and families. Beginner classes are 5-6 p.m.; advanced classes are 6-7 p.m. Call 655-9694 or email nhliaison@gmail.com. Class dates follow:

- Mondays, Kalakaua Community Center, Schofield Barracks.
- Tuesdays, AMR Community Center.

12 / Tuesday

**BOSS Blood Drive** —All types save lives. Support the Better Opportunities for Single Soldiers, or BOSS, Blood Drive, 10 a.m.-1 p.m. (longer, if needed), June 12, Tropics Warrior Zone, Schofield Barracks. Call 655-1130 for more information.

**Survivor Support Group Meeting** — The meeting is for all survivors including battle buddies, 5-8:30 p.m., June 12, at Room 104, Building 330, Survivors Outreach Services Center, Aloha Center, Fort Shafter. Pizza and Refreshments are provided. Call 438-9285.

14 / Thursday

**Audio and eBooks To Go** — Learn how to read or listen to a book from the ebook and e-audiobook collection at Sgt. Yano Library, 1:30-5:30 p.m., June 14, at the Sgt. Yano Library, Schofield Barracks. Also, learn about Tumblebook read-along titles for elementary, middle school, and high school with adjustable on-line text and complete audio narration, or read, listen. Sessions are free

and open to all active duty Soldiers, family members, and Army civilians. Call 655-8001.

**Zumba** — The Fort Shafter Physical Fitness Center offers Zumba classes, 4:45-5:45 p.m., Thursdays. Cost is \$4 per person. Call 438-1152.

16 / Saturday

**Army Birthday Celebration** — Continue celebrating the Army’s birthday (June 14) starting at 2 p.m., June 16, Palm Circle, Fort Shafter. Highlights include a polo game, military static displays, pony and carriage rides and keiki activities. Beverages will be available for purchase. Bring your own chairs, umbrellas or small pop-up canopies. Free; open to the public. Visit [www.himwr.com](http://www.himwr.com) or call 655-0111/0115. For a complete listing of Pacific Army Week events, visit USARPAC.army.mil/PAW.

17 / Sunday

**Father’s Day Brunch** — Celebrate Father’s Day with Sunday brunch at Fort Shafter’s Hale Ikena or Schofield Barracks’ Nehelani. Reservations required. Call 438-1974 for Hale Ikena or 655-4466 for Nehelani for seating times. Dad’s — bring your receipt to either the Schofield Barracks’ or Fort Shafter Bowling Center for up to three free games. Call 655-0573 (SB) or 438-6733 (FS) for more information.

**Father’s Day Golf Tournament** — Tournament starts at 11:05 a.m. at the Walter J. Nagorski Golf Course at Fort Shafter. Register by calling 438-9587 or visiting Nagorski or Leilehua Pro Shop to register in person. Tee prizes include Mizuno apparel.

23 / Saturday

**Fourth of July Run** — Register today for this annual 5K event at Schofield Barracks. Register by June 23 at [www.himwr.com](http://www.himwr.com).

13 / Wednesday

**Army Small Business Industry Day** — Representatives from the Schofield Barracks and Fort Shafter Army Regional Contracting offices are hosting this outreach event, 8:30 a.m. -2:30 p.m. at the Nehelani Conference Center, Schofield Barracks. Small businesses can engage with local government agencies to discuss contracting opportunities. An array of exhibition tables will showcase industry capability. Call 655-3049 or 438-6535, ext. 250.

Ongoing

**Leilehua High School Registration** — Leilehua High School will hold a mass registration for new students, 9 a.m.-noon, July 3 in the LHS cafeteria. Freshmen only will start school July 30; all others will start July 31. Call Jen Okuma at 622-1435.

**Food for Families** — The Armed Services YMCA at WAAF has an emergency food locker that assists military families experiencing financial difficulty. Available are supplies of canned goods, frozen food, dry goods and personal care items. Do-

nations are always accepted. Call 624-5645.

**Freeway Service Patrol** — This service, now operational on Hawaii’s freeways, is a pilot program sponsored by Hawaii’s Department of Transportation, the Honolulu Police and Fire departments, and Emergency Medical Services. The free service can provide assistance to stranded motorists by changing flat tires, jump-starting vehicles, refilling radiators, making some temporary repairs and providing an emergency gallon of gasoline. The service is available 5 a.m.-7 p.m., Monday-Friday, except federal holidays. Call 841-4357.

**Making the Grade** — Students can cash in on the Exchange’s “You Made the Grade” program, which recognizes above-average academic achievement. Qualifying students will receive a coupon booklet that includes free admission to an Exchange Reel Time Theater, as well as other coupons. Students must present a valid military ID and proof of an overall “B” or better average to their local Exchange.

29 / Friday

**Basketball Tournament** — Entry deadline is June 29 for the Army Hawaii’s men’s and women’s 30 and Older Basketball Tournament. Call the Sports Office at 655-0856/9914.

Ongoing

**Ten Mile Race around Wheeler** — Deadline is 4 p.m., Aug. 9, to register for this race; race starts at 6:45 a.m., August 19, WAAF. Open to all with installation access. Active duty Soldiers with the fastest race time will be considered for Team Army Hawaii that will enter the Army Ten-Miler in Washington, Oct. 24. Register and pay fees at the fitness centers at Schofield Barracks and Fort Shafter. Call 656-0086 or email [james.h.burghardt.naf@mail.mil](mailto:james.h.burghardt.naf@mail.mil).

**Bowling** — During June, the Exceptional Family Member program will offer recreational bowling from 6-8 p.m. at the Schofield Barracks Bowling Center. Call 655-4777 or 655-4227.

**Smoothies Concession** — Rich’s Daily Grind and Smoothies is now open at the Martinez Physical Fitness Center, Building 488, Schofield Barracks. Call in orders at 438-0128. Schedule follows:

- Monday-Friday, 8 a.m.-8 p.m.
- Saturday-Sunday, 9 a.m.-5 p.m.

**Kids Bowling** — Register your keiki at [www.kidsbowlfree.com/BowlArmyHI](http://www.kidsbowlfree.com/BowlArmyHI). Receive free bowling passes every week during the summer by email to bowl two free games a day. Call 438-6733 or 655-0573.

worship Services

Additional religious services, children’s programs, educational services and contact information can be found at [www.garrison.hawaii.army.mil](http://www.garrison.hawaii.army.mil). (Click on “Religious Support Office” under the “Directorates and Support Staff” menu.)

- AMR: Aliamanu Chapel
- FD: Fort DeRussy Chapel
- HMR: Helemano Chapel
- MPC: Main Post Chapel, Schofield Barracks
- PH: Aloha Jewish Chapel, Pearl Harbor
- SC: Soldiers’ Chapel, Schofield Barracks
- TAMC: Tripler Army Medical Center Chapel
- WAAF: Wheeler Army Airfield Chapel

Buddhist Services

- First Sunday, 1 p.m. at FD
- Fourth Sunday, 1 p.m. at MPC Annex

Catholic Mass

- Thursday, 9 a.m. at AMR
- Saturday, 5 p.m. at TAMC, WAAF
- Sunday services:
  - 8:30 a.m. at AMR
  - 10:30 a.m. at MPC Annex
  - 11 a.m. at TAMC
- Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

Gospel Worship

- Sunday, noon. at MPC
- Sunday, 12:30 p.m. at AMR

Islamic Prayers and Study

- Friday, 1 p.m. at MPC Annex
- Friday, 2:30 p.m., TAMC
- Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath)

- Monday, 6 p.m. at PH (Bible Study)
- Friday, 7:30 p.m. and Saturday, 8:15 a.m. at PH

Pagan (Wicca)

- Friday, 7 p.m. at MPC Annex

Protestant Worship

- Sunday Services
  - 9 a.m. at FD, MPC and TAMC chapels
  - 9 a.m. at WAAF chapel, Lutheran/Episcopalian
  - 10 a.m. at HMR
  - 10:30 a.m. at AMR

**Single Soldiers’ Bible Study**  
•Wednesday, 11:30 a.m. at SC; lunch is provided.

Worship Service

- Sunday, 6 p.m. at SC.

This Week at the MOVIES Sgt. Smith Theater

Call 624-2585 for movie listings or go to [aafes.com](http://aafes.com) under reeltime movie listing.



The Pirates! Band of Misfits

(PG)  
Fri., June 8, 4 p.m.  
Sun., June 10, 2 p.m.

Safe

(R)  
Fri., June 8, 7 p.m.

Mirror Mirror

(PG)  
Sat., June 9, 4 p.m.\*  
\*Family Matinee Day:  
All admissions \$2.50 for the 4 p.m. show

Raven

(R)  
Sat., June 9, 7 p.m.  
Thu., June 14, 7 p.m.

The Five-Year Engagement

(R)  
Wed., June 13, 7 p.m.

No shows on Mondays or Tuesdays.

community Calendar

Send announcements a week prior to publication to [community@hawaiiarmyweekly.com](mailto:community@hawaiiarmyweekly.com).

Today

**State Fair** — This annual event runs through June 24, weekends only, at Aloha Stadium Visit [www.ekfernandez.com](http://www.ekfernandez.com) for details.

**King Kamehameha Day** — This colorful celebration honors the reign of King Kamehameha who was responsible for uniting the Hawaiian Islands under his rule in 1795. Visit <http://hawaii.gov/dags/kamehameha> for a listing of events or call 586-0333. Events celebrating the holiday follow:

June 8

- 3:30 p.m.: King Kamehameha statue lei-draping ceremony in front of Aliiolani Hale.

June 9

- 9 a.m.: 96th Annual King Kamehameha Celebration Floral Parade. The parade proceeds from Iolani Palace to Kapiolani Park and traverses

es from downtown through Waikiki and ends at Kapiolani Park. Features floral floats and pa’u riders (elegantly dressed women riding lei-draped horses).

- 10 a.m.-4 p.m.: Hoolaulea (block party), Kapiolani Park, with live entertainment, food booths, cultural demonstrations and educational exhibits.

**Pan-Pacific Festival** — This 33rd annual international cultural celebration is June 8-10 at various locations throughout Ala Moana and Waikiki. Features Pacific Rim cultural performances, hula festival, hoolaulea (block party) and culminates with a colorful parade Kalakaua Avenue. Visit [www.pan-pacific-festival.com](http://www.pan-pacific-festival.com).

12 / Tuesday

**AFCE Luncheon** — This Armed Forces Communications and Electronics buffet lunch starts at 11 a.m., Hale Ikena Club, Fort Shafter, will feature Marine Col. Kent Simon, commander, Defense Information Systems Agency-Pacific. All military and civilians are welcome. Register at [www.afceahawaii.org](http://www.afceahawaii.org) or call 441-8524

Calendar abbreviations

8th TSC: 8th Theater Sustainment Command  
25th ID: 25th Infantry Division  
ACS: Army Community Service  
AFAP: Army Family Action Plan

AFTB: Army Family Team Building  
AMR: Aliamanu Military Reservation  
BCT: Brigade Combat Team  
BSB: Brigade Support Battalion  
Co.: Company  
CYSS: Child, Youth and School Services

EFMP: Exceptional Family Member Program  
FMWR: Family and Morale, Welfare and Recreation  
FRG: family readiness group  
HMR: Helemano Military Reservation  
IPC: Island Palm Communities

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills  
TAMC: Tripler Army Medical Center  
USAG-HI: U.S. Army Garrison-Hawaii  
USARPAC: U.S. Army-Pacific  
WAAF: Wheeler Army Airfield



# Terry welcomes 8th TSC newcomers at briefing

Story and Photos by  
**SGT. GAELN LOWERS**  
8th Theater Sustainment Command Public Affairs

SCHOFIELD BARRACKS — Arriving at a new duty station can be a stressful and difficult process, especially when learning the culture and social cues.

The 8th Theater Sustainment Command hopes to alleviate a lot of those “new guy” jitters with its inaugural quarterly newcomers briefing held at the Sgt. Smith Theater, here, May 31.

Maj. Gen. Michael J. Terry, commander, 8th TSC, wanted the newcomers brief in place be-

fore his change of command, June 12.

“It’s very important for every Soldier to attend these briefs but more importantly, the junior Soldiers,” said Capt. Eric Williams, personnel administrator, 8th TSC. “The briefing gives them the opportunity to see and meet our senior leaders and then for the seniors leaders to say personally what their expectations are.”

Williams added that the briefing also gives the leadership a chance to tell each Soldier what is important to the 8th TSC and why it should be important to the Soldier.

“If they don’t receive this information at the

lower level then they will certainly get it at the top,” he said.

At the inaugural briefing, Terry welcomed more than 150 Soldiers to not only the 8th TSC, but the island as well.

Terry explained the 8th TSC’s mission and his expectations of each Soldier attached to the unit. He said that before they do anything, they should ask themselves three questions: Is it moral? Is it legal? Is it ethical?

“When you are out in Hawaii on your own; will you do the right thing?” Terry asked. “I expect you to. The Army is easy. Do what you’re supposed to do, be where you’re supposed to

be, and show up in the right uniform.”

Representatives from 8th TSC staff sections each hit the high points of their particular field so the Soldiers would have a general understanding of the programs and opportunities in front of them.

Learning the rules and ropes of a new location can be difficult if there is no one to teach them to

“This is the inaugural briefing,” Williams said. “We hope that everyone here took away something of value. We want to continue to build onto this and make the next one even better.



Command Sgt. Maj. Thomas Sivak Jr., senior enlisted leader, 8th MP Bde., 8th TSC, briefs about 150 Soldiers at the inaugural 8th TSC newcomers briefing at Schofield Barracks, May 31.



Maj. Gen. Michael J. Terry, commander, 8th TSC, details his expectations with incoming Soldiers at the briefing, May 31.

# 8th STB Soldiers have a field day at Webling Elementary

Story and Photo by  
**SGT. GAELN LOWERS**  
8th Theater Sustainment Command Public Affairs

AIEA — Before starting summer vacation, students of Webling Elementary School and the Soldiers of the 8th Special Troop Battalion, 8th Theater Sustainment Command came together for one last “hoorah,” here, recently.

The annual field day was held the second from the last day of school and had a two-fold purpose.

“It gives our teachers time to clean up and

work in their classrooms, and it gives one last chance for the students to bond and have fun with the sponsor parents and our military partners,” said Sherrylyn Yamada, principal, Webling Elementary School.

Soldiers arrived in the early morning to set up the events and have everything ready for the students when they got there. The events included a tug-of-war, water balloon toss, and a three-legged race.

“Everyone had such a good time today,” said Sgt. Phillis White, retention noncommissioned officer, 8th STB. “We’ve been coming out all year volunteering and really wanted to put together something special before they went on their summer break.”

The school’s relationship

with the military has been a long and fun-filled period.

“Members of the armed forces have been stationed on this island since 1907, so we have been in this community for many years,” said Lt. Col. Matthew Goodman, commander, 8th STB.

“It’s a very symbiotic relationship,” Goodman said. “It shows the community that we care and are active members, and also gives the Soldiers an opportunity to interact with the students. The community, in turn, shows and gives the military their support when it needs it most.”

Yamada said that the students get excited when they Soldiers at the school.

“It’s a natural thing to see our military partners walking around our campus, participating with the students and helping out around the

classrooms,” Yamada said. “The Soldiers are always asking how they can help out.”

There is never a shortage of Soldiers, said White, who also acts as the joint liaison for Webling Elementary School.

“We always have more volunteers than we need,” White said. “They come from every staff section in the battalion and nobody ever has a bad time. Many are making plans for next year already.”

Yamada and Goodman are also making plans to continue their partnership the following year and into the future.

“I had a discussion with Mrs. Yamada over a plate of good cafeteria spaghetti and reconfirmed our commitment to the school,” Goodman said. “So we will be here next year in full force ready to volunteer and help out where ever we can.”



Webling Elementary School students chase Spc. Paula Burt, supply clerk, 8th STB, 8th TSC, after the water-balloon toss, recently.



# 8th MPs join Special Olympics torch run fundraiser



Col. La’Tonya Lynn (right), commander, 8th MP Bde., 8th TSC, and Maj. Gen. Michael J. Terry (center), commander ,8th TSC, greets Special Olympics athletes as they lead the brigade into Les Murakami Stadium during the 26th Annual Barboza Law Enforcement Torch Run for Special Olympics, May 25.



A Special Olympics athlete salutes military and civilian law enforcement professionals as they enter Les Murakami Stadium.

Story and Photos by  
**SPC. MARCUS FICHTL**  
8th Military Police Brigade Public Affairs,  
8th Theater Sustainment Command  
HONOLULU — Law enforcement profes-  
sionals from across the islands of Hawaii  
streamed into Les Murakami Stadium with  
banners high and arms outstretched, high-fiv-  
ing Special Olympics athletes as they finished  
the final leg of the 26th Annual Barboza Law  
Enforcement Torch Run for Special Olympics,  
here, May 25.

More than a thousand law enforcement,  
civilian and military personnel, including the  
Soldiers of the 8th Military Police Brigade, 8th  
Theater Sustainment Command, participated  
in the three mile run from Fort DeRussy Park  
in downtown Waikiki to the baseball stadium  
on the University of Hawaii’s campus.

“All their life, they’ve been told they ‘can’t  
do this, can’t do that,’ but when the military  
comes through the stadium, it completely val-  
idates who they are,” said Nancy Bottelo,  
president, Special Olympics-Hawaii, speak-  
ing about the Special Olympics athletes in atten-  
dance.

Named after Troy Barboza, a fallen Hon-  
olulu police officer who dedicated his time  
coaching Special Olympics athletes and his  
life protecting Honolulu, the Troy Barboza  
Law Enforcement Special Olympics Torch  
Run is part of a worldwide series of torch

runs.

The series stretches across all 50 states and  
47 nations and signals the start of the Special  
Olympics season, while raising nearly \$34  
million annually for its athletes.

According to Bottelo, the first run only had  
20 participants. But from its humble begin-  
nings, the event grew. And when the 8th MP  
Bde. moved to Hawaii from Korea, bringing  
nearly 1,000 Soldiers, friendships grew as  
much as the participation.

As the event gained momentum, deployed  
units in Iraq and Afghanistan started sending  
in photos from their own torch runs, taking it  
to “a whole different level of participation,”  
Bottelo said.

The MPs boarded buses at Schofield Bar-  
racks and made the trek to downtown, togeth-  
er.

For Spc. Alan George, a medic with the  
558th Military Police Company, 728th MP  
Battalion, 8th MP Bde., who has helped earth-  
quake victims in Haiti and Soldiers of his unit,  
knew the torch run was something he needed  
to be a part of.

“My job is to help others,” George said.  
“But to run into an entire stadium of Special  
Olympics athletes who stand and salute us for  
the simple fact that we gave them a day, while  
they face a lifetime of adversity, humbles me.  
They help us understand why we fight, why  
we do what we do.”



Louis Kealoha (second from right), chief of police, Honolulu Police Department, carries the torch into Les Murakami Stadium at the conclusion of the 26th Annual Law Enforcement Torch Run for Special Olympics.



# 94th AAMDC Soldiers join Linapuni Elementary fun

Story and Photo by  
**SGT. 1ST CLASS ADAM PHELPS**  
94th Army Air and Missile Defense Command Public Affairs

HONOLULU — Before the school year ended, Soldiers from the 94th Army Air and Missile Defense Command spent a day with students at Linapuni Elementary School, here, recently.

Soldiers spent the day organizing and participating in events such as basketball, football, dancing, and more.

“It made me feel great because that’s what I fight for and I really enjoy the kids,” said Staff Sgt. William Strohl, motor sergeant, 94th AAMDC.

“I love children and this event made me feel honored that they allowed me to be a part of it,” said Spc. Natanya Russell, security manager, 94th AAMDC. “I wanted to do something that made a difference to others. It feels more rewarding.”

Soldiers have various reasons for volunteering their services but when it comes to Linapuni, there is only one reason.

“That’s what we should do as Soldiers; when we do things like this it supports our community and families,” Strohl said. “Volunteering is a big part of my life and I like to help people get ahead. (I) like to share my knowledge that I have to the younger generation.”

For some Soldiers, this was their first time volunteering at Linapuni and from the reception and smiles they received, it will not be their last.

“I volunteer every chance I get and would absolutely do it again,” Russell said. “Being a volunteer is more than just saying what you would change. It’s about taking steps to make those changes. I see these children and it makes me want to



Soldiers from 94th AAMDC share a pose with students from Linapuni Elementary School during Volunteer Day festivities, May 18.

help change things for them.”

Linapuna Elementary School belongs to the School Partnership Program, a partnership between Hawaii public schools and the military. The program was created in the 1980’s to build a stable and consistent relationship between school and military communities.

# AFAP delegate applauds, recommends volunteering

**U.S. ARMY GARRISON-HAWAII**  
News Release

SCHOFIELD BARRACKS — If Heather Miles, program manager, Army Family Action Plan; Army Community Service; Directorate of Family and Morale, Welfare and Recreation; U.S. Army Garrison-Hawaii, can find more delegates like Linda Lee, she will enter the 2012 AFAP with confidence.

“We are looking for delegates from all demographics: family members, retirees, active duty and civilian (participants),” Miles said.

For Lee, Army spouse and mother of two children under the age of three, her combined year-and-a-half experience as an applicant, then team facilitator and most recently as regional delegate, May 1-4, has been rewarding.

“I see the many ways that AFAP has touched my life and the lives around me,”

Lee said.

She described the conferences as her most rewarding experience, saying it was a “privilege of volunteering.”

“That’s right; I said ‘privilege of volunteering for.’ AFAP challenges the way I think about the Army and what is important to me and my growing family. Sitting in a room with people I have never met, I am suddenly aware of how many things I am passionate about and am willing to stand up for and against.

“I watch as a single idea transforms into the group’s mission and at the end of the conference we are all mentally and emotionally exhausted, but when asked, every person would do it again in a heartbeat.”

Through AFAP, annual leave carryover was increased from 60 to 75 days which means longer down times between perma-

nent changes of station, Lee said. And, AFAP issue resolutions like Operation Security Training for family members makes deployment safer for Soldiers.

“It is amazing that these things were possible because AFAP exists and because a person, much like you or I, decided to submit the issue,” she said.

“AFAP has become the tool for change in my Army life.”

*(Editor’s Note: Lee contributed to this article.)*

**AFAP delegates, volunteers sought**

Interested in getting involved in the upcoming AFAP Conference, Oct. 29-Nov. 2? Contact Heather Miles, program manager, at 655-0705.



**Jack Wiers** | USAG-HI Public Affairs

Army spouse Linda Lee describes her service to the AFAP process as a “privilege of volunteering.”



# Pancake breakfast targets stress of night shift work

Story and Photo by  
**JAN CLARK**  
Pacific Regional Medical Command Public Affairs

HONOLULU — Because resiliency isn’t just a 9-5 proposition, inclusive only to those who work when the sun shines, Tripler Army Medical Center’s Care Provider Support Program, or CPSP, brought resiliency training to those who man the mission on what the rest of us consider “after hours,” here, recently.

At the stroke of midnight and until 2 a.m., TAMC staff ushered into the Avenue Cafe for a Department of Ministry and Pastoral Care-provided pancake breakfast and open conversation.

“This is about giving back to the folks we don’t often see in the hospital,” said Howard Reyes, program coordinator, CPSP, Pacific Regional Medical Command. “The night shift works hard and we want to be sure they get the respect they deserve and are included in activities without having to come in on their day off or stay late after a 12-hour shift to be included. We thought it only right that we bring resiliency training to them, have a little fun and share some food and music.”

The evening began with Chaplain (Capt.) Thi Truong, Warrior Transition Battalion, TAMC, discussing leadership. He also showed a video clip directed at individuals taking a stand on values and decision-making, while stressing spirituality’s role in resiliency.

Resiliency is a sense of well-being, wholeness, fortitude, internal courage and interpersonal harmony. The training used traditional and creative approaches to wellness such as education, cognitive development, yoga, and comedy.

“The fact that TAMC staff work in a military environment and the fact that they work in a medical environment puts them at two risk levels for compassion fatigue,” said Richard Ries, re-

siliency subject matter expert, CPSP, PRMC.

“Compassion fatigue is similar to post traumatic stress disorder in that a person has been traumatized by some event and the event repeats itself,” Ries said. “This impacts sleep, the ability to relate with others, (and the ability to) concentrate.

“Even for those who have never deployed, or who have never been traumatized in an automobile accident, working with patients (who) have been traumatized or working with subordinates or supervisors (who) have been traumatized puts individuals at a higher risk level for compassion fatigue,” Ries added.

Besides compassion fatigue, there is the possibility of burnout. The difference between the two is that burnout can happen to anyone in any industry and it doesn’t involve trauma. What it does involve is being asked to do more in less time with fewer resources. And, with working the graveyard shift presenting its own type and level of stress, the difference between someone who thrives when challenged and someone who buckles can be determined by the social support they receive.

For those in the field of medicine and/or in the military, there is a tendency to delay gratification and be in denial when stressed. While these individuals know how to take care of themselves, they often don’t; CPSP is here as a reminder.

“Part of the reason we exist is to say that there are things you can do to make your life better,” Ries said. “And that is what our being here now is about — reminding you to care for yourself like you would your patient or a loved one.”

Open discussion covered how individuals not only survive working the late shift, but how they thrive while doing so — what kinds of things are done to relax and unwind, to stay fit and healthy — what keeps a person motivated.

Sleep and exercise are vital parts of maintaining a balance. To further assist staff in finding that level of resiliency important to overall good health, CPSP offers weekly resiliency classes, full and half-day off-site retreats, department-level training and conflict resolution programs, redeployed warrior and active duty sessions, individual coaching, fitness and rejuvenation rooms, massage/acupuncture sessions, special trainings in holistic wellness, psychotherapy referrals and employer assistance program referrals.

“For those who have personal concerns or know of a coworker who is having serious issues, we can provide referrals to the behavioral health system and get them the care they need,” Reyes said. “We are here to provide support, no matter the time of day (or night).”



Richard Ries (left) and Howard Reyes, both from CPSP, PRMC, demonstrate an alternative and creative approach to reaching wellness through music during an overnight resiliency training session held at TAMC, recently.

## Key men’s health screenings shared

**SHARI LOPATIN**  
TriWest Healthcare Alliance

PHOENIX — Prostate cancer is the most common cancer in men, regardless of their age or ethnicity, according to the Centers for Disease Control and Prevention.

So for Father’s Day this year—which is June 17—why not encourage the men in your life to get tested?

“Prostate cancer screening means looking for cancer before it causes symptoms. This helps to find cancer at an early stage when it may be easier to treat,” the CDC says on its website.

One such test is called the PSA test. And it’s as simple as drawing some blood. TRICARE covers prostate screening tests for men who are:

- Older than 50
- Older than 40 and had a vasectomy
- Ages 40-49 with a family history of prostate cancer

In addition to prostate cancer screenings, men should receive these remaining top six tests to stay at optimal health:

- Cholesterol, every five years, and yearly starting at age 35
- Blood sugar levels, every three years
- Colon cancer screening, starting at age 50; colonoscopies are recommended only once every 10 years
- Blood pressure, every year
- Digital rectal exam, starting at age 50
- Skin cancer screening, every 3 years age 20-40, and every year for anyone older than 40.

**Health Screening Information**

For more tips on screening recommendations, visit the Screening Guide under “Health and Wellness” at

- [TriWest.com/HealthyLiving](https://www.triwest.com/HealthyLiving)

